



Here's my advice to a teenage woman if she asked me how to prepare for her future...

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- "Plan on being twice of everything that a male is, and just set it up that way, so going in on anything you are already there. If it ends up that things are fair then you are just twice as good. Cultivate a diverse base of knowledge" [Julie T. 1970s]
- "Try not to worry about whether men will like you when you assert your ideas and expertise. Clarify your motives in your own head and then speak without fear or shame." [Rae 1940s]
- "Value your ideas and opinions, learn to take risks and thrive through adversity. If you see something or something happens to you that has left you victimized, speak up. Learn how money works and how you can work it, save it, make more of it so you have a plan that will make you self-reliant in your future." [KG 1960s]
- "Try not to let the past define you, nor ignore the present to think only about the future. Be mindful. Know where you are now." [MEW 1990s]



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- "Raise your hand, speak up, elbow your way in, have a seat at the table, take a risk, and don't let failure keep you from doing it over and over again." [Elizabeth 1970s]
- "Find happiness with yourself first." [RK 1990s]
- "Believe in yourself. Try everything. Throw everything against the wall and see what sticks. What you think you want today may change tomorrow and that's OK. Just keep moving forward. Refuse to let perceived mistakes hold you back. Expectations can be overwhelming, so don't get caught in the vortex!" [KC 1950s]
- "Aim high and don't let anyone tell you that you can't succeed. Marriage and children is a choice, not an obligation." [Janice 1950s]
- "You need a strong foundation to build a future upon. Get as much education as you can, find a strong and supportive partner who is not threatened by your growth and success. And be prepared to work VERY hard. Nothing that is worth having comes easily." [BH 1950s]

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- "Try to be well informed in any situation...if you are not, do not be afraid to ask questions." [Crys 1980s]
- "Follow your own voice." [Patty 1950s]
- "Put yourself first, dump anyone who makes you feel otherwise; there's no hurry." [Libby 1960s]
- "Do well in school and work but enjoy life too (learn balance early). In summers, get a job / start a business, learn how the working world works." [Maria 1950s]
- "Be self-aware, confident and work smart not hard." [GD 1950s]
- "The only thing that can derail you from your plans is falling in love; when you fall in love, find someone who shares and supports your dreams and goals." [MJ 1960s]



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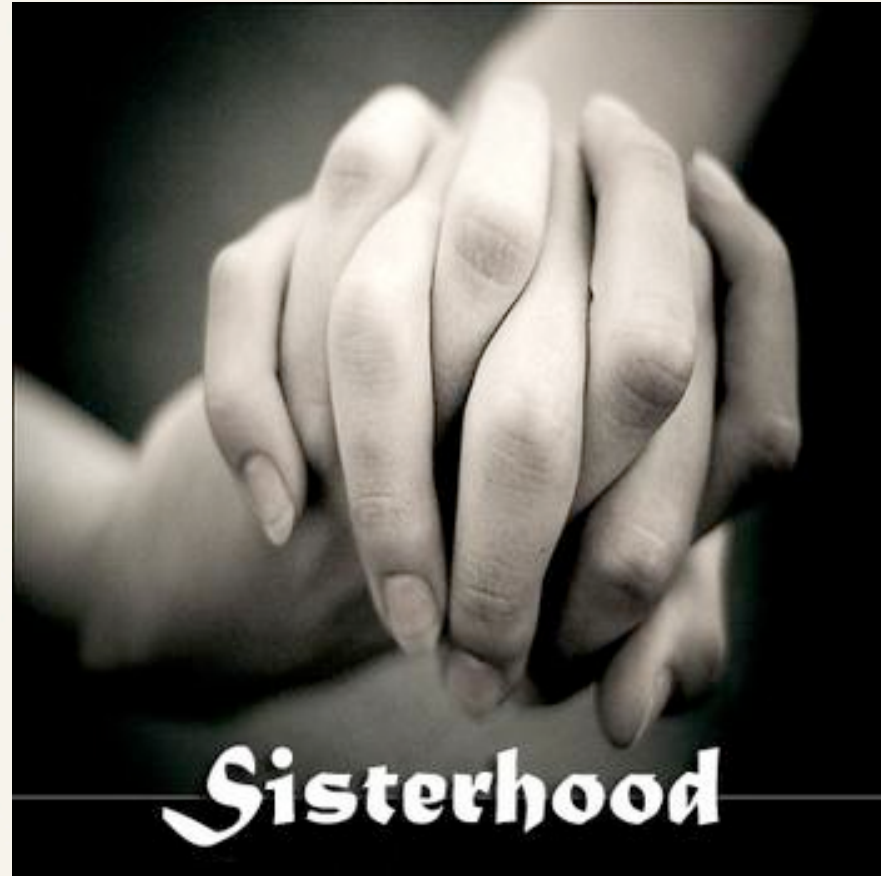
- "There will be a lot of people who will try to dissuade you from reaching your full potential, and some of them women you respect. Don't let other people dictate who you can be, many times you are more capable than they think." [JN 1990s]
- "Get as much education as you can handle, never settle for less, you are your own best friend that knows you inside and out." [Elisa 1980s]
- "Go to college and wait to get married." [Joleen 1950s]
- "Never take one day of your life or the people in it for granted. Make every day count somehow, even if it is just to read or meditate or spend some time with people you care about. They will not be here forever. Life is precious and can be taken from you or someone you love in a heartbeat. Treasure your time with loved ones as well as time you need alone to yourself and have that balance as best you can. And never EVER take your health for granted. We are not living in a time where health is protected in the way it should be. You have to do your share to keep this gift if you are lucky to have it." [MK 1960s]



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- "Follow an education in what you love and be prepared to do it alone." [Ily 1940s]
- "I would first ask her what she envisioned her future to be, or perhaps what she would like it to be. I would tell her to look at education as life-long and to take advantage of every educational opportunity that comes her way, be it college, vocational or continuing ed. I would tell her to have a financial plan so that she doesn't get in over her head before she has an income (wish someone had given me that advice). I would also tell her not to panic if things don't go as planned. Reassess and try again. Life is long." [Mary Anne 1940s]
- "Learn all you can, see the world, don't marry early, be able to support yourself." [Yolanda 1970s]





Women Talking To Women

Keep the conversation going!

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