



The wisest woman I ever knew told me...

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- "Sometimes 'the endless flight of time' needs a still center." Also, "Wear a helmet. Just do it." [MEW 1990s]
- "When you go to a party put your hand over your drink and if you forget, get a new one." [RK 1990s]
- "1) Be nice, be kind, be happy. Short, sweet, and my life's motto. 2) Attitude is everything, so pick a positive one!" [KC, 1950s]
- "Always go with your instincts." [Crys 1980s]
- "My mother told me to choose to be happy, enjoy each day and pursue your dreams." [Janice 1950s]
- "She asked me 'Why are you worried about your son? He has a beautiful heart, he's going to be fine.' (From my Mom, two days before she died suddenly and unexpectedly. I hold her words in my heart - every single day)." [BH 1950s]
- "Every day is a beautiful day." (my Grandma Jean at age 80-something) [Libby 1960s]
- "Don't participate in or tolerate gossip--it harms women. Whenever you find a problem, don't just complain, offer a solution." [Maria 1950s]



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- "Still waters run deep. Don't be fooled by the quiet ones." (My mother during my dating years). [GD 1950s]
- "I could do anything." [MJ 1960s]
- "My mother told me to never be financially dependent on a man and to be self-sufficient." [JN 1990s]
- "You can be whatever you want to be." [BobbieK 1940s]
- "That the most beautiful woman is the one who is strong, kind, and bright." [Elisa 1980s]
- "Watch where you're walking" (my Grandmother on her farm in Iowa). [Joleen 1950s]
- "When closing a lid ... turn it backwards until it "drops" and then you will know it is in the right place." [Nancy Vail Donovan 1960s]





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- "She was actually my age, and had been a wheel chair her entire life, and the story is actually more involved, and it was on the MAX in Portland, OR. But, she asked if I was an artist, and I thought she said it because she thought I looked like a hippy. But, no, it turned out she could tell because I was at peace with myself, and she found that in most artists. Then she asked, Do people with mess or bother with you, and kind of start with you? And, said yes, I have noticed that. Then she said it is because you get to be at peace with yourself, and can just be yourself, and it bothers some because you have it, and they do not. So, the people it bothers are going to try and throw you off. So, after that conversation, I pay attention to the people who start with me, and I wonder why they do it?" [Julie T. 1970s]



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- "The Author Marianne Williamson: 'Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We are born to make manifest the glory of God that is within us. It's not just in some of us, it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.'" [KG 1960s]

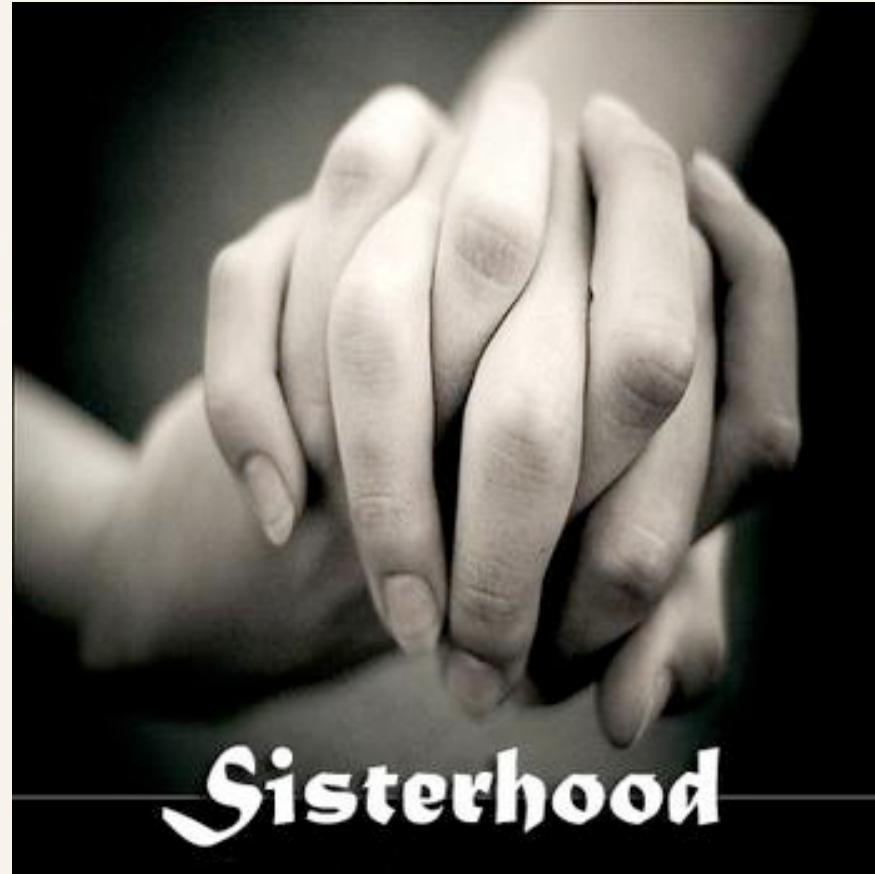




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- "You can do anything you set your mind to. This is also the worst advice I ever received." [KG 1960s]
- "She told me she loved me." [Ili 1940s]
- "Be sure to do what you WANT with your life, I never got to." - My Nana when she was dying. I only wish I had taken her advice more to heart and more seriously." [MK 1960s]
- "That would be my mother. She said, 'Don't marry a handsome man. He'll always come first.' Later in life she told me, 'When your own children are grown and married, never criticize their spouses. Just listen.'" [Mary Anne 1940s]
- "Make sure you have your own bank account." [Yolanda 1970s]



# Women Talking To Women

Keep the conversation going!

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